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DISH	DAIRY	FISH	TREE NUTS	SEEDS	EGGS	SOY	SESAME	VEGAN	GARLIC
			BOWLS AND	PLATES					
G-Polte Taco Crunch Bowl	Choose No Cheese			х		х		Choose Mushroom Carnitas, No Cheese	х
The goop Teriyaki Bowl*		*When miso salmon is slected		х		х	х	Choose Tofu	х
Mediterranean Goddess Bowl	Choose no Soccata & no Feta					*When Salsa Verde is selected			х
The Hollywood Protein Bowl*	Choose no Soccata	Choose no Salmon	Choose No Superseed	×	×	X	×		х
Spring Salmon Bowl *	Choose no socialis	X	Choose No Superseed	Choose No Superseed		X			x
Spring Saimon Bowi		^				^	Choose No Superseed		<u> </u>
	T		SALAD	S	ı	ı	ı	Remove narmesan and select	
Little Gem Caesar Salad	In parmesean and Spicy Calabrian Caesar Dressing					In Ranch dressing option		Remove parmesan and select caesar dressing. (spicy caesar contains dairy)	х
The Greenest Green Salad			In the crunchies served on the side	In the crunchies served on the side and Chickpeas and			In the crunchies served on the side	×	Choose remove chick Also in the crunchie
GP's Classic-ish Cobb*			tile side	Pesto			the side		the side
	Choose No Blue Cheese			In the crunchies served on	Choose Remove Egg				Remove Tomato
Everyday Kale and Brussels Salad	Choose No Cheese			the side				Choose No Cheese	the side
Spring Roll Salad			×	×		×	×		X
Seasonal Chopped Salad	Choose No Cheese		Choose No Almonds			In Ranch dressing option		Choose No Cheese	In the crunchies ser the side
Brentwood Chinese Chicken Salad			In the crunchies served on the side	x		x	x		x
The BEST Arugula Salad	Choose No Parmesan							Choose No Parmesan	Crispy Shallots/cap side
Not So Simple Salad								×	Remove Tomato
Smokeshow Salmon Salad		х			Choose Remove Egg				х
			HANDHE	IDS					
Toules Theiles A4			X	X X		X	x		х
Turkey Thai Lettuce Wraps									
Tofu Thai Lettuce Wraps			Х	Х		Х	Х	Х	х
Summer Salad Rolls			х	×		×	×	×	х
Chicken Salad Lunchbox			x	x		x	x		х
Curry Chicken Salad Summer Rolls									х
The Nosh Box				In Hummus Option		In GCC Ranch option	In Hummus Option	x	х
		SOL	PS AND SID	E SALADS					
Conservation On The Other Cide Cours			I S MIND SIE					x	x
Greener On The Other Side Soup									
Japanese Sweet Potato Soup						Х		Х	х
Turmeric Spiced Chicken Bone Broth									
Not So Simple Salad								X	Remove Tomate
The BEST Arugula Salad	Choose No Parmesan							Choose No Parmesan	Crispy Shallots/cap side
Everyday Kale and Brussels Salad	Choose No Cheese			In the crunchies served on the side				Choose No Cheese	In the crunchies ser the side
1:11 6 6 6 6 1	Remove Parmesan and Choose GCC Caesar					In GCC Ranch Dressing		Remove Parmesan and Choose GCC Caesar	,
Little Gem Caesar Salad	Dressing. (Spicy Caesar contains Dairy)					Option		Dressing. (Spicy Caesar contains Dairy)	x
			DESSER	TS					
Coco Chocolate Chip Cookies			×					x	
Dark Chocolate & Sea Salt Brownies			x		×				
Bark chocolate a Sea Safe Brownies			DRESSIN	ICS					
		ı	DKESSIN	lus T	ı	ı	I		
GCC Dijon Mustard Vinaigrette								х	
GCC Cashew Vinaigrette			х	x		×	х	х	х
GCC Carrot-Ginger Vinaigrette				х		х	х	Contains Honey	Х
GCC Miso Vinaigrette				x		×	×	×	x
GCC Ranch Dressing						х		х	х
GCC Maple Mustard Vinaigrette								×	
Spicy Calabrian Caesar Dressing	х								х
GCC Caesar Dressing								×	x
GCC Caesar Dressing GCC Greek Goddess Dressing			Contains Coconut					X	x
								X	
GCC Lemon Vinaigrette									
GCC Red Wine Vinaigrette								Х	Х
GCC Herby Mustard Vinaigrette								×	Х
GCC Apple Cider Viniagrette								х	
			SAUCE	S					
GCC Teriyaki Sauce				х		×	×	×	х
GCC Arbol-Amarillo Salsa (IYKYK)				×			×	×	х
GCC Shallot-Garlic Chili Crunch Oil				X			X	X	x
GCC Salsa Verde						X	,,	x	×
GCC Pineapple Mango Chutney									X
GCC BBQ Sauce						×		×	х
GCC Chimichurri								×	х
GCC Buffalo Sauce				х		×	×	×	х
GCC Garlic Aioli								х	х
GCC Herby Aioli (GCC Tartar Sauce)								×	х
,,		A LA CAI	RTE PROTEI	NS AND SIT	DES				
		A LA CAI	LILIKOIEI	INS AND SIL	1				-
11 1 D. II1 O CI . I		i .	1	1	I	1		1	×
Hand-Pulled Organic Chicken									
Hand-Pulled Organic Chicken Smoked Salmon Herb-Roasted Salmon*		x x							x

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For all modifications (incl	<u> </u>		0 / 1						
DISH	DAIRY	FISH	TREE NUTS	SEEDS	EGGS	SOY	SESAME	VEGAN	GARLIC
BBQ-Glazed Tofu				х		х	х	х	Х
GP's Soccata	x								Х
Mushroom Carnitas								х	х
7-Minute Egg*					x				
Half an Avocado								х	
Classic Chicken Salad									х
Curry Chicken Salad									Х
Seeded Crackers			×	×			x	х	х
Super Secret Pizza Seasonings	х								
		ROTIS	SERIE A LA C	CARTE MAIN	VS				
Rotisserie Chicken		ROIID			1				
Herb Roasted Salmon		x							х
Whole Roasted Cauliflower		^	_					x	x
vynole Roasted Cauliflower			DOWNGGERIA	CIPEG					^
			ROTISSERIE	SIDES					
Green Beans and Carmelized Shallots								х	
Simple Garlic Broccoli								х	Х
Garlic and Herb Rice Pilaf	х								Х
Olive Oil Garlic Mashed Potatoes	x								Х
Creamy Cheddar Mac-n-Cheese	x								
Smashed Fingerling Potatoes						In Salsa Verde		х	In Salsa verde
Curry Potato Salad								х	
Greek Style Beet Salad	Feta & Seasoning contains Dairy								х
Mighty Greens								х	х
GP's Soccata	x								х
Garlic Roasted Japanese Sweet Potatoes			In GCC Cashew Vinaigrette	In GCC Cashew Vinaigrette			In GCC Cashew Vinaigrette	х	Х
Maple Glazed Carrots	Choose No Feta		X	X			Vitalgictic	Contains Honey	
			PIZZAS						
Pepperoni Potts	Choose No Cheese		IZZAS						х
One Potato, Two Potato	X X								X
The Hott Italian	X		_						Х
Shroom Shroom	×								Х
Queen Margherita	X								Х
The Naked Pie								х	Х
The Great Bambino	Choose No Cheese								Х
Cheese & Thank You	×								Х
Mosey's BBQ Chicken Pizza	Choose No Cheese							Choose BBQ Mushrooms & No Cheese	Х
Field of Greens	Х								Х
			PASTA	S					
GP'S Turkey Bolognese	Choose no Parmesan								Х
Classic Spaghetti with Tomato and Basil	Choose no Parmesan							Choose No Parmesan	х
Pesto Pasta				Х				х	Х
Penne. No Vodka	x								х
,	1		SUPERFINA	SIDES			1	1	
Turkey Meethelle	×		JOI ERFINA	SIDES .	x				х
Turkey Meatballs					_ ^				^
Super Secret Pizza Seasoning	X								